# Aseptic Technique

## Key Considerations for Maximizing Patient Outcomes

### Preinjection
- Screen patient for **risk of infection**<sup>1</sup>
- Delay treatment until **active viral or bacterial infections** have been resolved<sup>2</sup>
- Avoid treatment 2 weeks before and after **vaccinations** or **dental work**<sup>2</sup>
- Have patient **wash face and hands** thoroughly with soap and water<sup>3</sup>
- Have patient **use chlorhexidine mouthwash** before lip treatments<sup>2</sup>
- **Disinfect** patient’s entire face with antiseptic<sup>2-4</sup>

### During Injection
- Avoid unnecessary contact with **skin or hair**<sup>3</sup>
- Do not touch the needle
- Change gloves often<sup>3,5</sup>
- Avoid touching mucosal area when injecting lips/perioral region<sup>3</sup>
- Inject lips and perioral region last<sup>3</sup>

### Post Injection
- Counsel patient about **risk of injection-site reactions** (ISRs)
- Advise patient **not to use make-up** for 12 hours and **skin care products for 24 hours**<sup>3,6</sup>
- Ask patient to **avoid**:
  - Extreme cold or heat for 48 hours
  - Massaging the treated area
  - Strenuous physical activity
- Remind patient to **postpone dental procedures** for at least 2 weeks after treatment<sup>2</sup>

For more detailed information on using aseptic technique, please contact your Allergan representative.

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**References:**